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A B S T R A C T

A disposable body fluid absorbent wearing article includes a body fluid absorbent pad. A crotch region of the pad is formed on its transversely opposite sides with a pair of darts extending in a longitudinal direction of the article. The pad has a liquid-absorbent core including a central core section lying between the darts and lateral core sections lying outside the respective darts. The central and lateral core sections are contiguous to each other in a region beyond forward or rearward the darts. The respective lateral core sections and respective side flaps form therebetween pockets opening inwardly of the pad.